

**CENTRAL REGION MENTAL HEALTH RESOURCE GUIDE
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Al Anon

Middletown Group

Phone: 573 929-3530

Hours of Service: Tuesdays, 8:00 p.m.

Middletown Baptist Church Annex

Services Provided: Support Group for friends and families of persons with an alcohol problem.

Fee for Services: No cost.

Eligibility/Population Served: All ages.

Transportation Services: Call for assistance.

Alcoholics Anonymous

P.O. Box 1673

Columbia, MO 65205

Phone: 573 442-4424

Web: www.aa.columbia.missouri.org

Hours of Service: Auxvasse – Saturday, 2:00 p.m. Grand Prairie Baptist Church

Fulton – Monday, 6:00 p.m. Presbyterian Building

Tuesday, 12:00 Noon Krueger Building

Mexico – Tuesday, 7:00 p.m. Church of the Nazarene

Thursday, 7:00 p.m. Church of the Nazarene

Middletown – Friday, 8:00 p.m. Middletown Baptist Church Annex

Montgomery City – Tuesday, 8:00 p.m. Knights of Columbus Building

Owensville – 2nd Thursday 2:00 p.m. Frene Valley South

Tuesday & Friday 8:00 p.m. Immaculate Conception

Mission: AA's purpose is to stay sober and help other alcoholics to achieve sobriety.

Services Provided: AA is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

Fees for Services: No cost

Eligibility/Population Served: Anyone interested in the AA program of recovery from alcohol and have a desire to quit drinking.

Arthur Center

321 W. Promenade
Mexico, MO 65265

Phone: 573 582-1234
Fax: 573 582-1212
Crisis Line: 800 833-2064

Hours of Service: Monday, 8:00 a.m. – 7:00 p.m. Tuesday, 8:00 a.m. – 6:00 p.m.
Thursday, 8:00 a.m. – 7:00 p.m. Friday, 8:00 a.m. – 5:00 p.m.
1st and 3rd Saturday, 8:00 a.m. – 4:00 p.m.

Service Area: Counties of Audrain, Callaway, Montgomery, Pike, Ralls, Monroe

Services Provided: Psychiatry, outpatient therapy, case management, community psychiatric rehabilitation, supported employment, crisis intervention, screening and referral.

Fees for Services: Sliding scale for some services, other services vary.

Payer Sources: Medicaid and most other insurance plans.

Eligibility/Population Served: Any person with a mental health condition or emotional problem.

Transportation Services: Transportation is only available for psychosocial rehabilitation.

Associated Behavioral Consultants, Inc

2625 Fairway Drive
Suite E
Fulton, MO 65251
Email: cmcc2@earthlink.net

Phone: 573 642-1775
Fax: 573 642-1850
Emergency: 573 -636-6727

Hours of Services: By appointment

Service Area: Counties of Callaway, Boone, Audrain, Montgomery, Phelps, Dent and Pulaski

Mission: To provide the highest quality of caring and compassionate behavioral healthcare services available. We strive to provide our services in a competent, confidential and cost effective manner. We believe that all people have the right to receive behavioral healthcare services, regardless of race, creed, religion, sex, sexual orientation, or disability status.

Services Provided: Behavioral health counseling, clinical social work, marital and family counseling, disability evaluation, EAP counseling, drug and alcohol outpatient treatment and education, and career counseling

Fee for Services: Varies for service

Payer Source: Medicaid, most health insurance plans (PPO/HMO). Reduced fee scale for uninsured or cash patients.

Eligibility/Population Served: All ages, including Spanish speaking

Associated Medical Arts

504 N. Sturgeon Street
Montgomery City, MO 63361

Phone: 573 564-2990
Fax: 573 564-2963
Web: www.hadh.org

Hours of Service: Monday – Friday, 8:00 a.m. – 5:00 p.m.

Service Area: Counties of Montgomery, Gasconade, Warren

Mission: We provide quality healthcare and wellness to all persons seeking treatment.

Services Provided: Internal medicine, family healthcare, mental health services including individual therapy, family therapy, couples counseling.

Fees for Services: Varies for service.

Payer Sources: Medicare, Medicaid, and most other insurance payers.

Eligibility/ Population Served: All age groups.

Audrain City-County Health Unit

605 E. Promenade
Mexico, MO 65265

Email: lowrak@lpha.dhss.mo.gov

Phone: 573 581-1332

Fax: 573 581-6652

Web: www.acchu.org

Hours of Service: Monday – Friday, 8:00 a.m. – 4:00 p.m.

Service Area: Audrain County

Mission: To protect and promote the public health and community well-being of the residents of Audrain County.

Services Provided: Public Health-related services including, but not limited to: Community Health Nursing, Communicable Disease, Immunizations, Blood Pressure Screenings, Environmental Public Health, WIC, Family Planning, Emergency/Disaster Preparedness, & Maternal Child Health; Speech Therapy and Swallowing Studies; Home Health and Hospice.

Fee for Services: Services can be free, others may be sliding scale, or fees for service.

Payer Sources: Private insurance, Medicaid, Medicare

Eligibility/Population Served: Residents of Audrain County and the surrounding area. All ages.

Audrain County Crisis Intervention Services, Inc. (ACCIS)

P.O. Box 181
Mexico, MO 65265

Phone: 573 581-3835
Fax: 573 581-3835
Hotline: 800 246-2280 or 573 581-2280

Email: mccameyhouse@yahoo.com

Hours of Service: 24 hours a day, 7 days a week.

Service Area: Counties of Audrain, Monroe, Montgomery, Randolph, Boone

Mission: ACCIS is a not-for-profit organization that provides assistance for and works toward prevention of domestic violence. We support the principle that all individuals have a right to a life free of abuse. Crisis intervention is achieved through public awareness, advocacy for victims, provision of a safe environment, empowerment and extended support.

Services Provided: Twenty-four hour hotline, support groups, emergency shelter and transitional housing, court advocacy, case management, follow-up, outreach crisis intervention, referrals.

Fee for Services: No cost

Eligibility/Population Served: Women and children suffering from domestic violence and sexual assault.

Audrain County Drug Court

Audrain County Courthouse
Room B
Mexico, Mo 65265
Email: nca@sbcglobal.net

Phone: 573 582-7440
Fax: 573 582-7440

Hours of Service: Monday and Wednesday , 1:00 p.m. – 5:00 p.m.
Friday, 2:00 p.m. – 5:00 p.m.

Service Area: Audrain County

Mission: To reduce the “revolving door” syndrome and reduce substance abuse of participants admitted to the Drug Court Program.

Services Provided: Progressive treatment, structured supervision, assessment, medical evaluation, drug testing, medical and dental treatment and individual counseling through MARC.

Fee for Services: \$5.00 co-pay each week.

Eligibility/Population Served: Audrain referrals from prosecuting attorney.

Transportation Services: Reimbursement for court directed travel.

Behavioral Health Response (BHR)

**P.O. Box 1125
Maryland Heights, MO 63043**

**Phone: 866 469-4908
Fax: 314 628-6215
Crisis: 314 469-6644 or 800 811-4760
Web: www.bhrworldwide.org**

Hours of Service: Crisis Line 24/7

Administrative Hours: Monday – Friday, 8:30 a.m. – 5:00 p.m.

Service Area: Eastern Missouri

Mission: BHR is the community's mental health safety net. BHR provides caring and professional crisis counseling, mental health assistance and community education. BHR's goal is to prevent suicide, increase mental health service availability and provide support and compassion to those in need. BHR ensures that residents of our community have immediate, barrier-free access to mental health crisis and educational services.

Services Provided: Provides help through an emotional crisis; assist in access to emergency mental health services; provide tools for self-help; connect to community resources; provide crisis line.

Fee for Services: No cost

Eligibility/Population Served: Anyone in need of these services.

Bridgeway Counseling Services

**1570 W. Main Street
St. Charles, MO 63303
103 C N. Lincoln Drive
Troy, MO 63379**

**Phone: 636 757-2200 or 866 758-1152
Fax: 636 757-2210
Troy: 636 462-1437
Web: www.bridgewaycounseling.com**

Hours of Service: Varies at each location

Service Area: Counties of St. Charles, Lincoln, Montgomery, Warren, St. Louis

Mission: To improve the mental, spiritual and physical health of the individuals and communities we serve.

Services Provided: Bridgeway provides medical and modified medical detoxification; residential and outpatient alcohol and drug dependency treatment; separate programming for residential care with men and women. At St. Charles site, provide on site licensed day care facility; SATOP services, adolescent program, family education and therapy. We provide services for violence and abuse, compulsive gambling, domestic violence and sexual assault.

Fee for Services: Fees can range from no cost, to sliding scale, or co-pays.

Payer Sources: Medicaid, Medicare, Most insurance plans

Eligibility/Population Served: All ages, Adolescents ages 14 – 18 years

Butterfield Youth Services

**East Ranch
Highway WW
P.O. Box 333
Marshall, MO 65340**

Phone: 660 886-3385

Services Provided: Residential care for youth.

Eligibility/Population Served: Youth, does not serve infants, toddlers, or preschool children.

Callaway County Health Department

**4950 County Road 304
Fulton, MO 65251**

**Phone: 573 642-6881
Fax: 573 642-2098**

Hours of Service: Monday – Friday, 8:00 a.m. – 4:30 p.m.

Service Area: Callaway County

Services Provided: Public Health services including immunizations, communicable disease control, health screenings, birth and death certificates, health education, WIC, emergency response, environmental and referral services.

Fee for Services: No cost for most services.

Eligibility/Population Served: All ages, residents of Callaway County

Callaway County Special Services

**911 Highway 54 South
Fulton, MO 65251**

**Phone: 573 642-1792
Fax: 573 642-2415**

Email: Helios@socket.net

Web: www.macdds.org

Hours of Service: Monday – Friday, 8:30 a.m. – 4:30 p.m.

Service Area: Callaway County

Mission: Independence of person's with developmental disability as much as possible.

Services Provided: Sheltered workshop; Transportation of clients to workshop; Supervised living apartments; Independent living apartments; Group home

Fees for Service: Fees vary for services

Payer Sources: Medicaid, private pay

Eligibility/Population Served: Adults with developmental disabilities who reside in Callaway County.

Transportation Services: Transportation provided for eligible clients to and from workshop.

Catholic Family Services

255 Spencer Road
Suite 202
St Peters, MO 63376

Phone: 636 498-2273
Fax: 636 498-0390
Web: www.cfsstl.org

Services Provided: Psychiatric services and counseling

Fee for Services: Sliding scale or co-pay

Eligibility/Population Served: Children – Adults

Central Missouri Counseling, Inc

1303 Edgewood Drive
Suite 101
Jefferson City, MO 65109
Email: cmcc2@earthlink.net

Phone: 573 636-6727
Fax: 573 761-5819
Emergency: 573 636-6727
Web: www.centralmocounseling.com

Hours of Service: By appointment

Service Area: Counties of Cole, Callaway, Osage and Miller

Mission: Central Missouri Counseling strives to provide the highest quality of caring and compassionate behavioral healthcare services available. We strive to provide our services in a competent, confidential and cost effective manner. We believe that all people have the right to receive behavioral healthcare services, regardless of race, creed, religion, sex, sexual orientation, or disability status.

Services Provided: Behavioral health counseling, marital and family counseling, EAP counseling and career counseling

Fee for Services: Varies for service

Payer Sources: Accepts most health insurance plans (PPO & HMO's), Medicaid, Reduced fee scale for uninsured or cash patients.

Eligibility/Population Served: All ages, including Spanish speaking

CHADS

3775 Gumtree
St. Louis, MO 63129

Phone: 314 952-2046
Web: www.chadscoalition.org

Mission: To advance the prevention and knowledge of adolescent suicide through research, advocacy and education.

Services Provided: A coalition to address the issue of adolescent suicide

Chalfant, Cynthia L

2625 Fairway Drive
P.O. Box 6011
Fulton, MO 65251

Phone: 573 220-2983
Fax: 573 642-3440

Hours of Service: By appointment

Service Area: Anyone who can commute to Fulton

Mission: Quality counseling for improved quality of life

Services Provided: Outpatient counseling in office, individual or family sessions. Specialties include anger management, mood disorders and family problems.

Fee for Services: Varies for services, co-pays.

Payer Sources: Medicaid (children only), most insurance plans

Eligibility/Population Served: Adults and children by self or agency referral

The Child Center

26 Wentzville Market Place
Wentzville, MO 63385

Email: mjmenefee2003@yahoo.com
eteller2004@yahoo.com

Phone: 636 332-0899

Fax: 636 639-9657

Web. www.thechildcenter.com

Hours of Service: Monday – Friday, 8:30 a.m. – 5:00 p.m.

Service Area: Counties of St. Charles, Lincoln, Pike, Warren, Montgomery, Marion, Monroe, Ralls, Lewis and Clark

Mission: The mission of the Child Center is to lessen the trauma to abused children by using a multidisciplinary team approach to facilitate the investigation, detection, and prevention of child sexual and serious physical abuse. This approach reduces the number of interviews and interviewers the victim has to endure and serves to meet the child's emotional and physical needs.

Services Provided: The Child Center was incorporated in January of 2000 as a not-for-profit agency. The reason the center was opened was to reduce the number of interviews a child had to go through after making allegations of sexual abuse, thereby reducing the trauma to the child and increasing the likelihood of conviction. Services provided include forensic interviewing, therapy, SAFE (sexual assault forensic exams), and education and prevention programs.

Fee for Services: No cost

Eligibility/Population Served: Any child that has been sexually abused or had serious physical abuse.

Clervi, Lisa Schriewer

717 E. Monroe, Suite 1
Mexico, MO 65265

Phone: 573 581-3660

Hours of Service: Monday – Friday, 10 a.m. – 6:00 p.m.

Service Area: Six County Area

Mission: Each according to their ability

Services Provided: Individual therapy, play therapy, family therapy. In-home care as needed.

Fee for Services: Sliding scale, varies with service

Payer Source: Medicaid, Missouri Care, United Health Care, Blue Cross, Healthlink, Medicare

Eligibility/Population Served: Ages 4 – Adult

Columbia Medical Clinic (DRD)

1415 Paris Road
Columbia, MO 65201

Phone: 573 449-8338

Services Provided: Substance abuse treatment, detoxification, Methadone maintenance, Methadone detoxification.

Fee for Services: Self-pay

Eligibility/Population Served: Pregnant and post-partum women

Community Opportunities for People with Developmental Disabilities

P.O. Box 470
Troy, MO 63379

Phone: 636 462-7695

Fax: 636 528-5514

Email: icsb40@macdds.org

Web: www.macdds.org

Hours of Service: Monday – Friday, 8:00 a.m. – 5:00 p.m.

Service Area: Lincoln County

Mission: Community based supports for people with developmental disabilities.

Services Provided: Early intervention, ECSE preschool, Adult Day Program, supported employment, residential care, community inclusion.

Fee for Services: Varies for service

Payer Sources: Medicaid, DESE, DVR, DMH, school districts

Eligibility/Population Served: All ages of persons with mental retardation or developmental disabilities

Transportation: Provided to preschool, provided to residential clients as needed, provided to adult day program

Comprehensive Health Systems

4901 CR304

Fulton, MO 65251

Email: tcollinschs@socket.net

Phone: 573 642-3600

Fax: 573 642-0064

Client line: 800 252-9207

Hours of Service: Monday – Friday, 8:00 a.m. – 5:00 p.m. On call after hours

Service Area: Counties of Callaway, Audrain and Montgomery

Mission: Empowering people to make choices that result in a life of dignity, respect and increased independence.

Services Provided: Mental health evaluations, community support, psychosocial rehabilitation, crisis response, psychiatric services. Services provided in the community or home.

Fee for Services: Varies for service

Payer Sources: Medicaid

Eligibility/Population Served: The chronically mentally ill

The Counseling Clinic

317 Business Highway 61

Bowling Green, MO 63334

Phone: 573 324-5224

Hours of Service: Accommodating, by appointment

Services Provided: Mental health counseling, family/marriage counseling, divorce/family conflict mediation

Fee for Services: \$60 per visit, may negotiate with those whose resources are limited.

Eligibility/Population Served: All ages

Counseling Services

413 Court Street
P.O. Box 6012
Fulton, MO 65251

Phone: 573 592-0120
Fax: 573 592-0980

Hours of Service: Tuesday, Thursday, Friday 9:00 a.m. – 7 p.m.
Wednesday, 9:00 a.m. – 4 p.m.
Saturday – open once a month

Services Provided: Individual and Family Therapy for all ages. Specialty – Play therapy for children ages 2 – 11. Do not provide for mandated treatment regarding substance abuse, anger management, or sex offenders.

Fee for Services: Varies for service

Payer Sources: Medicaid for children, Missouri Care, Healthcare USA, Mercy, United Health Care, Blue Cross Blue Shield, self pay. Do not accept Healthlink.

Eligibility/Population Served: Children – Adults

Coyote Hill Christian Children's Home

9501 Coyote Hill Road
P.O Box 1
Harrisburg, MO 65256

Phone: 573 874-0179

Services Provided: Christian youth residential home

Eligibility/ Population Served: Does not serve infants, toddlers or preschool children.

Crider Center for Mental Health

1032 Crosswinds Court
Wentzville, MO 63385-4836

Phone: 636 332-6000
Fax: 636 332-9950
Web: www.cridercenter.org

Hours of Service: Monday – Friday, 8:30 a.m. – 5:00 p.m.

Service Area: Counties of St. Charles, Lincoln, Warren and Franklin

Mission: To build resilience and promote recovery through partnerships for mental health.

Vision: Full, productive, mentally healthy lives for everyone.

Services Provided: Psychiatry services, case management for adults and children. In-home programs available.

Fee for Services: Varies for service

Payer Sources: Private insurance, Medicaid

Transportation: Transportation is available for case management clients

Deafline Missouri

Phone: 573 445-5059; 800 380-3323

Fax: 573 445-5088

Hours of Service: 24/7

Service Area: State of Missouri

Services Provided: Twenty-four hour telephone crisis intervention and referral for deaf and hard of hearing individuals

Fee for Services: No cost

Eligibility/Population Served: Deaf, hard of hearing and anyone interested in information related to deafness

DeBrodie, Mary Beth, LCSW, PhD

2625 Fairway Drive, Suite E

Fulton, MO 65251

Email: mbdebrodie@yahoo.com

Phone: 573 642-0087

Fax: 573 6472-0087

Hours of Service: Monday – Friday, 8:00 a.m. – 7:00 p.m.

Saturday, 9:00 a.m. – 2:00 p.m., by appointment

Service Area: Callaway County

Mission: To provide quality and confidential mental health counseling and services for everyone without discrimination and regardless of ability to pay.

Services Provided: Outpatient counseling for individuals, children/adolescents, families, marital/custody/divorce, school/work issues, ADD/ADHD screening, parenting, bipolar disorder, sexual/physical/emotional abuse, anger management, anxiety, depression, stress and various other mental health issues.

Fee for Services: No cost, sliding scale, co-pays, varies for service

Payer Sources: Cash and third party payment, Medicare, Medicaid and private insurance

Eligibility/Population Served: Ages 4 – 104.

Developmental Disabilities Assistance Board of Montgomery County

230 E. Norman PO Box 63
Montgomery City, MO 63361
Email: ddabmc@sbcglobal.net

Phone: 573 564-5045
Fax: 573 564-3662
Web: www.macdds.org

Hours of Service: Monday – Friday, 8:00 a.m. – 4:00 p.m.
Service Area: Montgomery County

Mission: To support people who have developmental disabilities in the achievement of their chosen lifestyles and goals.

Services Provided: Residential, Day Habilitation, Transportation and Service Coordination

Fee for Services: No Cost

Payer Sources: Medicaid

Eligibility/Population Served: All ages of individuals with developmental disabilities/mental retardation.

Transportation Services: Transportation provided to and from the sheltered workshop and day habilitation.

Epworth – Youth Emergency Services, Inc.

6816 Washington
University City, MO 63130

Phone: 314 862-1334

Hours of Service: 24 hours a day

Services Provided: Emergency residential care for youth.

Eligibility/Population Served: Children – adolescents, does not accept infant, toddler or preschool children.

Escape Alcohol and Drug

601 Business Loop 70 West
Suite 125
Columbia, MO 65203

Phone: 660 263-7552

Services Provided: Substance abuse treatment; Outpatient, partial hospitalization/day treatment

Fee for Services: Varies for service

Payer Sources: Self-pay, private health insurance

Eligibility/Population Served: Adolescents, women, men, DUI/DWI offenders, criminal justice clients

Evangelical Children's Home

**8240 St. Charles Rock Road
St. Louis, MO 63114**

Phone: 314 427-3755

Hours of Service: 24 hours a day

Services Provided: Residential care for children in need

Eligibility/Population Served: Children – Adolescents, does not accept infants, toddlers, or preschool children.

Evergreen Behavioral Services

**734 W. Monroe
Mexico, MO 65265**

Phone: 573 582-0292

Fax: 573 581-6036

**Hours of Service: Monday – Friday, 8:00a.m. – 5:00 p.m.
Evenings and Weekends by appointment**

Services Provided: Individual, marital, family and group therapy. Consultation and education. In-home counseling services provided.

Fee for Services: Varies for service

Payer Sources: Medicaid and most other insurances.

Eligibility/Population Served: No limitations

Family Circle Therapeutic Services

**1420 S. Business Highway 61, Suite G
Bowling Green, MO 63334**

Phone: 573 324-5655

Fax: 573 324-5490

Hours of Service: Call for appointment

Service Area: Pike County

Services Provided: Counseling services

Family Counseling Center

117 N. Garth
Columbia, MO 65203
Email: info@ffcmo.org

Phone: 573 442-2204
Fax: 573 875-6607
Web: www.ffcmo.org

Hours of Service: Residential centers – 24 hours a day; Outpatient – Monday – Friday, 8:00 a.m. – 5:00 p.m. Evenings and Weekends by appointment.
Service Area: Columbia, Southeast Missouri

Mission: To provide clients with quality behavioral healthcare services in a confidential, caring and respectful manner – without regard for a person’s ability to pay.

Services Provided: Prevention, therapy and treatment for individuals and families. Outpatient Counseling: therapy for alcohol and drug abuse and mental health issues.

McCambridge Center: Women’s residential drug and alcohol counseling; variable length of intensive residential programs, up to 30 days.

Daybreak dual diagnosis facility: residential facility for dually diagnosed individuals; typical length of stay of 4 months.

Fee for Services: Varies for service

Payer Sources: MC+, private insurance, self-pay

Eligibility/Population Served: Residential for persons with alcohol and drug problems.

Outpatient services serve a wide variety of mental health needs.

Family Wellness Program

100 W. Main Street
Union, MO 63084

Phone: 636 583-1800
Fax: 636 583-0836
Web: www.ccstl.org

Hours of Service: Monday – Wednesday, 8:00 a.m. – 8:00 p.m.
Thursday – Friday, 8:00 a.m. – 5:00 p.m.

Service Area: Counties of Franklin, Montgomery, Gasconade and Warren

Mission: In response to the teachings of Jesus Christ, the mission of the Catholic Charities is to serve people in need, especially those who are poor and vulnerable; to work to improve social conditions for all people in the community; and to call members of the Church and community to do the same.

Services Provided: Mental Health Services including psychiatric services, individual therapy, family therapy, couples counseling

Fee for Services: Co-pays, sliding scale, varies for service

Payer Sources: Medicare, Medicaid, and most other insurance payers

Eligibility/Population Served: All age groups

Finck & Associates, Inc

17079 Audrain County Road 929

Mexico, MO 65265

Email: npeshut@finckinc.com

Phone: 573 581-8202

Fax: 573 581-3060

Web: www.finckinc.com

Services Provided: Individual, family, marital counseling. Individualized supported living homes for MRDD.

Fee for Services: Varies for service

Payer Sources: Medicaid, MC+, private insurance, Medicaid waiver

Eligibility/Population Served: Families, individuals, MRDD, Adults and Adolescents

First Christain Church (Grief Support)

307 W. Jackson

Mexico, MO 65265

Phone: 573 581-4628

Hours of Service: Every Sunday, 1:30 a.m.

Every Tuesday, 7:00 p.m.

Services Provided: Grief support for widowed persons. Sponsored by AARP, First Christian Church, and Pickering Funeral Home.

Fee for Service: No cost

Eligibility/Population Served: Any person in need of support.

Fulton State Hospital

600 E. 5th Street

Fulton, MO 65251

Phone: 573 592-4100

Fax: 573 592-4100

Hours of Service: 24 hours a day

Service Area: State of Missouri

Services Provided: Forensic maximum and medium security inpatient hospital for court related clients.

Payer Source: State funding

Eligibility/Population Served: Circuit court referrals and referrals for long term hospitalization from Mid Mo Mental Health Center

Gasconade County Counseling Services, Inc

1202 Market St.

Phone: 573-486-0136

PO Box 294

Fax: 573-486-5042

Hermann, MO 65041

Hours of Service: Monday-Friday, 9 a.m. – 5 p.m.

Service Area: Gasconade, Montgomery and Franklin Co.

Mission: To provide high quality professional behavioral and mental health services and meet the physical and mental health needs of any and all that ask.

Services Provided: Assessments, Screening, Crisis Intervention, Individual and Family Therapy, Play Therapy, Resource Obtainment and Referrals

Fee for Services: Varies for Service

Payer Sources: Most insurance, Medicaid, free services to those without insurance to Gasconade County residents.

Eligibility/Population Served: Children, adolescents, adults and seniors

Transportation Services: Home visits available as needed.

Gasconade-Osage County Health Department

300 Schiller

Phone: 573-486-3129

Hermann, MO 65041

Fax: 573-486-3745

Web: www.gasconhealth.com

Hours of Service: Monday-Friday, 8 a.m.-4:30 p.m.

Service Area: Gasconade and Osage Co.

Mission: To protect the public's health, to protect the environment in which we live, and to promote healthy lifestyles and behaviors. This is to be accomplished through education, assessment, provision of services and assuring compliance of state and local public health mandates for the communities of Gasconade and Osage counties.

Services Provided: WIC, Immunizations, Birth and Death Certificates, Public Health Home Visits, Blood Pressure and Blood Sugar Screenings, Food Service Inspections, Daycare consultation, Daycare Inspection, Sewage Permits, Lodging Inspection, Communicable Disease Follow-up, TB Skin Testing, Pregnancy Testing and Healthcare Assistance

Fee for Services: Varies for Service

Payer Sources: Medicaid and Medicare (for flu shots only)

Eligibility/Population Served: Varies by service

Gasconade County Special Services

712 E. Highway 28

Owensville, MO 65066

Email: gcss@fidnet.com

Phones: 573-437-5800

Fax: 573-437-5801

Hours of Service: Monday-Friday, 9 a.m.-5 p.m.

Service Area: Gasconade Co.

Mission: To provide individualized opportunities to Gasconade County citizens with developmental disabilities.

Services Provided: Supported Employment, Resource and Referral, Recreation and Personal Enhancement

Fee for Services: No Cost

Eligibility/Population Served: Gasconade County residents with some type of developmental disability which was attained before the age of 22.

Hannibal Regional Center

805 Clinic Road

PO Box 1108

Hannibal, MO 63401

Phone: 573-248-2400

Fax: 574-248-2408

Web: www.dmh.missouri.gov/hannibal.index.htm

Hours of Service: Monday-Friday, 8 a.m.-5 p.m.

Service Area: Audrain, Lincoln, Marion, Monroe, Montgomery, Pike, Ralls and Warren Counties

Mission: Working side by side with individuals, families, agencies and diverse communities, the Department of Mental Health establishes philosophy, policies, standards and quality outcomes for prevention, education, habilitation, rehabilitation and treatment for Missourians challenged by mental illness, substance abuse/addiction and developmental disabilities.

Services Provided: Service Coordination, Behavior Resource Team, funding for the following services: respite care; mileage reimbursement; adaptive equipment and assistive technology; personal assistance; day programs and community residential placement

Fee for Services: Varies

Payer Sources: Medicaid, Insurance and Private Pay

Eligibility/Population Served: We work with people of all ages who have Mental Retardation or some other type of Developmental Disability. A Developmental Disability is a mental or physical condition that causes substantial functional limitations in two or more areas of their lives. The condition must have manifested itself prior to the age of 22.

Jonesburg Nursing and Rehabilitation

PO box 218
Jonesburg, MO 63351

Phone: 636-488-5400
Fax: 636-488-3373

Hours of Service: Varies for support group

Services Provided: Alzheimer's Support Group

Fee for Services: No cost

Eligibility/Population Served: Anyone that needs Alzheimer's support.

KUTO (Kids Under 21)

27185 Brentwood
St. Louis, MO 63144

Phone: 314-963-7571
Fax: 314-963-7574
Web: www.kuto.org

Hours of Service: Crisis Line--888-644-KUTO (5886)

Services Provided: "Unique organization of volunteers"--KUTO Peer Helper Team, Crisis Helpline, Outreach and Education, Youth Survivors Support

The L.E.A.D Institute

311 Bernadette Dr.
Columbia, MO 65203
Web: www.deaflead.org

Phone: 573-445-5005
Hotline: 888-761-4357
Fax: 573-445-5088

Hours of Service: 24/7

Service Area: Statewide

Mission: To provide direct services to the deaf community by providing culturally and linguistically appropriate services to meet their needs.

Services Provided: Domestic Violence & Sexual Assault Crisis Intervention for the Deaf, Hotline, Case Management, Court Advocacy, Licensed Professional Therapy for Women, Licensed Professional Therapy for Children, Services for Battered Men, Technical Assistance & Training in Deaf Culture and Related Issues, American Sign Interpreter

Fee for Services: No Cost

Eligibility/Population Served: Deaf, Hard of hearing and Late-deafened adult victims of domestic violence and sexual assault.

Lincoln County Health Department

#5 Health Department Dr.

Troy, MO 63379

Email: zurowh@lchdmo.org

Phone: 636-528-6117

Fax: 636-528-8629

Web: www.lchdmo.org

Hours of Service: Monday – Friday, 8 a.m.-4:30 p.m.

Service Area: Lincoln County

Mission: We work cooperatively with Lincoln County and surrounding areas to protect and promote a healthy and safe environment through community outreach, health care, and education.

Services Provided: Birth & Death Certificates, Blood Pressure Clinics and Screenings, Communicable Disease Investigations/Follow-up/Educating, Tuberculosis Testing, Case Management, HIV/AIDS Testing, STD screening & Treatment, Rabies Specimen Assistance/Information, Community Education Programs, Car Safety Seat Checks/Education, Bike Helmet Fittings/Education; Dental Services; Family Planning Clinic Services, Environmental Health Services, Emergency Response Planning Immunization Services, School Health Services, Kids on the Go Fitness & Nutrition Program, Lead Testing/Screening, Home Visits, Teens Against Tobacco Use Training, WIC Clinics.

Fee for Services: Varies

Payer Sources: Medicaid, MC+, Private pay

Eligibility/Population Served: Lincoln County Residents

Mark Twain Area Counseling Center

917 Broadway

Hannibal, MO 63401

Email: acaraway@mtacc.org

Phone: 573-221-2120

Crisis Line: 800 356-5395

Hours of Service: Monday-Friday, 8 a.m.-5 p.m. 24 hour crisis line

Service Area: (suicide prevention grant services) Randolph, Howard, Boone, Callaway, Audrain, Monroe, Ralls, Pike and Montgomery

Mission: To provide high quality; community based behavioral healthcare services to enhance the lives of our consumers and their families.

Services Provided: Medication Management Services, Community Psychiatric Rehabilitation, Children's Targeted Case Management, Consultation and Education, Individual and Family Therapy and Crisis Intervention Services-Suicide Prevention Coordinators will assist in prevention services according to the grant-providing 10 gatekeeper trainings throughout region, survivor support services and assisting counties in developing a local suicide prevention plan.

Fee for Services: Sliding Scale

Payer Sources: Medicaid, Medicare, Employment Assistance Programs and some private insurance, Private Pay and sliding fee scale

Eligibility/Population Served: Consumers who live in our nine county service area. Ages range from early childhood through adulthood. Our target population is adults, families and children that struggle with serious and persistent mental illness and /or co-occurring illnesses.

McCoy & Blossom Grief Support Group

Lincoln Co. Medical Center Hospital Phone: 636-528- 8244

Hours of Service: 2nd and 3rd Monday at 6:30 p.m.

Mexico Area Recovery Center (MARC)

1130 S. Elmwood Dr.
Mexico, MO 65265

Phone: 573-581-8828
Fax: 573-581-8054
Crisis Line: 800 429-3940

Hours of Service: Monday –Friday, 8 a.m. -5p.m. Detoxification 24 hours/day
Service Area: Unlimited

Services Provided: Residential Program (Male persons with alcohol and drug related problems),
Adult Outpatient (individual and family/codependency and after care)

Fee for Services: Varies

Payer Sources: Insurance and Medicare

Eligibility/Population Served: Individuals with alcohol and drug related problems.

Mid-Missouri Behavioral Center

616 South Sturgeon
Montgomery City, MO 63361
Email: mbcllc@ktis.net

Phone: 573-564-6091
Fax: 573-564-6094

Hours of Service: Tuesday and Wednesday, 9 a.m.-5 p.m. Thursday, 9 a.m. -7 p.m.
Service Area: Central Missouri

Services Provided: Group therapy, Home Studies, Drug and Alcohol Treatment and
Evaluations, Sexual Abuse Investigation Assistance, Employee Screenings, Anger Management
classes Mental Health Evaluations, At-Risk School Programs and Behavioral Testing

Fee for Services: Varies

Payer Sources: Some insurance plans and payment arrangements

Eligibility/Population Served: Ages 6 – elderly population

Mid-Missouri Crisis Line

Phone: 573-445-5035 or 888-761-4357

Fax: 573-445-5088

Email: mmcl.staff@gmail.com

Hours of Service: 24 hours a day

Service Area: Statewide

Services Provided: 24 hour telephone crisis intervention and referral service.

Fee for Services: No cost

Eligibility/Population Served: All ages

Mid-Missouri Mental Health Center

3 Hospital Dr.

Columbia, MO 65201

Phone: 573-884-1300

Fax: 573-884-1010

Web: www.dmh.missouri.gov/mid_mo

Hours of Service: 24/7

Service Area: Central Missouri

Services Provided: Psychiatric inpatient for adults, adolescents and children

Fee for Services: Varies

Payer Sources: Self-pay, Private Insurance, Medicaid, MC+

Eligibility/Population Served: All ages

Midwest Behavioral Health

116 S. Lincoln

Troy, MO 63379

Phone: 877-221-8600

Fax: 573-221-8256

Email: Marylou.edwards@mbhnet.com Web: www.mbhnet.com

Hours of Service: 8:30 a.m.-8 p.m. on various days

Service Area: Troy-Hannibal and surrounding area

Services Provided: Individual, Group and Family Therapy, Psychological Evaluations and Trainings

Fee for Services: Varies

Payer Sources: Medicaid, Medicare, Insurance and Private Pay

Eligibility/Population Served: All ages

Missouri Veteran's Home

#1 Veterans Dr.
Mexico, MO 65265

Phone: 573-581-0899

Hours of Service: Alzheimer's Support Group on 3rd Sunday at 3 p.m.

Missouri Girl's Town

P.O. Box 59
Kingdom City, MO 65262-0059
Email: mgt@mogirlstown.org

Phone: 573 642-5345
Fax: 573 642-5162
Web: www.Mogirlstown.org

Hours of Service: 24/7
Service Area: State of Missouri

Mission: To create a loving, stable environment for the girls' care and treatment and, in the process, help them develop the life skills they will need as adults.

Services Provided: Provides 30 girls with structured, age-specific parenting in a homelike environment staffed by live-in house parents. Transition programs are available for the girls as they begin transitioning into the community.

Fee for Services: Partially funded through state, and other funding through donations. No cost to the girls.

Montgomery County Health Department

400 N. Salisbury

Montgomery City, MO 63361

Email: allisg@lpha.dhss.mo.gov

Phone: 573 564-2495 or 877 564-4636

Fax: 573 564-5059

Web: www.montgomerycountyhealth.org

Hours of Services: Monday – Friday, 8:30 a.m. – 4:30 p.m.

Second Thursday, 8:30 a.m. – 6:00 p.m.

Service Area: Montgomery County

Mission: The Montgomery County Health Department is committed to serving the community of Montgomery County by promoting and supporting healthy lifestyles through assessment, education, prevention and intervention.

Services Provided: Public Health services including prevention and control of communicable diseases and STD's, health screenings, issuing birth and death certificates, health education, immunizations, WIC, women's health clinics, child care seat program, tobacco prevention program, home visiting program for all ages, environmental services and emergency response. Home Health services include home visits for skilled nursing care and therapy services. Referral services available.

Fee for Services: Services can be free, others may be sliding scale, or fees for service.

Payer Sources: Medicaid, Medicare, MC+ and private insurance.

Eligibility/Population Served: Service ALL the population of Montgomery County. Different eligibility guidelines for different programs. Income eligibility for WIC and car seat program.

Montgomery County R-II School District

418 N Hwy. 19

Montgomery City, MO 63361

Email: lwitte@mc-wildcats.org

Phone: 573-564-2278

Fax: 573-564-6182

Web: www.mc-wildcats.org

Hours of Service: Monday-Friday, 8 a.m.-4 p.m.

Service Area: Montgomery County R-II School District

Mission: All children can learn and deserve the opportunity to excel. We know that traditional instructional methods do not work with everyone and for this reason, we have implemented services to address the needs of all learners.

Services Provided: Counseling, Individualized Instruction and Behavior support through Positive Behavior supports.

Fee for Services: No Cost

Eligibility/Population Served: School-aged children within the Montgomery County R-II School District.

Transportation Services: Yes

NAMI of Columbia

2208 Iris Dr.

Columbia, MO

Email: rormcoy@aol.com

Phone: 573-445-7075

Hours of Service: Support meetings are the 2nd Monday of the month at St. Andres Lutheran Church at 7 p.m. The first hour is educational and the 2nd hour we break into support groups.

Services Provided: Education and support group for family and friends of the mentally ill and those who are diagnosed with mental illness/brain disorders such as schizophrenia, manic depression, clinical depression, anxiety disorders and obsessive compulsive disorders. NAMI of Columbia provides support and education for families, caregivers and professionals in times of crisis, confusion and transition.

Fee for Services: No cost

Eligibility/Population Served: Families, professionals, caregivers, friends and consumers affected by a mental illness.

NAMI St. Louis

134 W. Madison

St. Louis, MO 63122

Phone: 314-966-4672

Fax: 314-966-4672

Web: www.namistl.org

Hours of Service: Monday – Friday, 9 a.m.-5 p.m.

Service Area: Greater St. Louis area

Mission: To provide help to caregivers of those who are mentally ill.

Services Provided: Peer to Peer, Support Groups, Education and Advocacy

Fee for Services: No cost

Eligibility/Population Served: Mentally Ill and families of those with mental illness.

New Vision

620 E. Monroe
Mexico, MO 65265

Phone: 573-582-8208
Fax: 573-582-3354
Hotline: 800 939-CARE (2273)

Email: specialcarecorp@audrain.mo

Hours of Service: 24 hours a day
Service Area: State of Missouri

Mission: To provide safe environment for medical/surgical stabilization and ensure appropriate discharge planning is provided.

Services Provided: Emergency Medical/Surgical Stabilization Services, In-patient Substance Abuse Program, Safe Withdrawal, Appropriate Discharge Planning, Referral to Appropriate Community Agencies.

Fee for Services: Yes

Payer Sources: Medicaid, Medicare, Managed Care Plans, Insurance

Eligibility/Population Served: 17 years old and up whom meet medical criteria

Northeast Community Service Agency Inc.

RM B-11
Audrain County Courthouse
Mexico, MO 65265

Phone: 573-582-7440
Fax: 573-582-7440

Email: ncsa@sbcglobal.net

Hours of Service: Monday-Wednesday, 1 p.m.-5 p.m. Friday, 2 p.m.-5 p.m.
Service Area: 12th Judicial District

Mission: Provide the courts with an additional alternative to jail.

Services Provided: Community Service performed by non-violent offenders in non-profit or governmental agencies. Referrals to agencies based on skills and available work. We take referrals for literacy, job corps and crisis intervention.

Fee for Services: Varies by offense

Options Unlimited

400 E. Liberty St.

Mexico, MO 65265

Email: moptions@arthurcenter.com

Phone: 573-581-7887 or 866-581-7881

Fax: 573-581-1026

Hours of Service: Monday-Friday, 8 a.m.-5 p.m.

Service Area: Audrain, Pike, Ralls, Monroe, Montgomery and Callaway Counties

Services Provided: Adult and Youth Psychiatric Services, Psychiatrist Medication Services, Adult Psychiatric Day Program, Crisis Intervention and Supported employment Services

Fee for Services: Varies

Payer Sources: Medicaid, Medicare, Private Insurance, Self-pay and Department of Mental Health Purchase of Service Funds

Eligibility/Population Served: Adults and youth with serious mental illness

Transportation Services: Vans for adult day program

Pathways Community Behavioral Healthcare, Inc.

1301 Vandiver Rd. Suite Y&Z

Columbia, MO 65202

Owensville, MO

Hermann, MO

Email: sschmidli@pbhc.org

Phone: 573-449-4770

Fax: 573-449-4851

Crisis Line: 800 233-3915

Phone: 573 437-2959

Phone: 573 486-3191

Web: www.pathwaysonline.org

Hours of Service: Monday-Friday, 8 a.m.-5 p.m.

Service Area: Central Missouri

Mission: To provide comprehensive, high-quality, accessible and affordable behavioral healthcare to Missourians.

Services Provided: 24 hour Crisis Services, Substance Abuse Treatment and Prevention Services to Adolescents

Fee for Services: Varies

Payer Sources: Self-Pay, Private Insurance, Fee Assistance

Eligibility/Population Served: All

Phoenix Program Inc.

607 S. 5th St.
Columbia, MO 65201

Phone: 573-875-8880
Fax: 573-442-7026
Web: www.phoenixprogramsinc.org

Hours of Service: Monday-Friday, 8 a.m.-5 p.m.

Services Provided: Outpatient Substance Abuse Program, Individual and Group Counseling, Co-dependent Counseling, Family Counseling, Residential Short-term Treatment

Fee for Services: Sliding Scale

Payer Sources: Self-pay, Private Insurance and Fee Assistance

Eligibility/Population Served: Adults

Pike County Agency for Developmental Disabilities

900 Independence Drive
Bowling Green, MO 63334
Email: bbarnescadd@sbcglobal.net

Phone: 573-324-5493
Fax: 573-324-6391

Hours of Service: Monday-Friday, 7:30 a.m. - 4:30 p.m.

Service Area: Pike County

Mission: To help Pike County citizens with developmental disabilities to succeed.

Services Provided: Residential, Day Habilitation, Respite, Supported Employment, Service Coordination, Personal Assistance

Fee for Services: Varies

Payer Sources: Medicaid

Eligibility/Population Served: Pike County residents with MR/DD

Transportation Services: Provided for day habilitation and sheltered workshop

Pike County Health Department, Home Care & Hospice

5 E. Church Street

Bowling Green, MO 63334

Email: collim@lpha.dhss.mo.gov

Phone: 573-324-6373

Fax: 573-324-3057

Web: www.pikecountyhealth.org/newsite/index.html

Hours of Service: Monday-Friday, 8 a.m. - 4:30 p.m.

Service Area: Pike County

Mission: To promote safety, wellness and comfort for our community by providing quality care and preventative services so that all may experience a healthy, fulfilling and meaningful life.

Services Provided: WIC, Immunizations, Child Care Health Consultations, Death & Birth Certificates, “I’m in Control, Freedom from Smoking”, TB testing, Communicable Disease Education and Surveillance, Environmental Services, Lead Testing, Prenatal Case Management, Health Education and Promotion, Home Health Care, In-Home Program and Hospice

Fee for Services: Varies

Payer Sources: Medicaid, Medicare, Uninsured

Eligibility/Population Served: All people who are Medicaid, Medicare eligible and the uninsured.

Rainbow House

1611 Towne Dr.

Columbia, MO 65202

Email: jschwartz@rainbowhousecolumbia.org

Phone: 573-474-6600

Fax: 573-474-5992

Web: www.rainbowhousecolumbia.org

Hours of Service: Monday-Friday, 8:30 a.m. – 4:30 p.m.

Emergency Shelter: 24/7

Service Area: Central Missouri

Mission: To keep children safe and to support families in crisis throughout the prevention, intervention and assessment in child abuse and neglect.

Services Provided: Children’s Shelter, Emergency Foster Care and Crisis Care

Fee for Services: no cost

Eligibility/Population Served: Ages 0-18 (victims of abuse or violence and children of families in crisis)

Reality House Program Inc.

1900 Prathersville Rd.
Columbia, MO 65202

Phone: 573-449-8117

Services Provided: Substance Abuse Treatment, Detoxification, Halfway House, Residential Short-Term Treatment, Residential Long-Term Treatment, Outpatient, Partial Hospitalization/Day Treatment

Fee for Services: Varies

Payer Sources: Self Pay, Medicaid, Medicare, Private Health Insurance, Military Insurance

Eligibility/Population Served: Persons with co-occurring mental and substance abuse disorders, Criminal Justice Clients.

Schlanker Funeral Home

207 Danville Road
Montgomery City, MO 63361

Phone: 573-564-2350

Fax: 573-564-3855

Email: schlankerfh@sbcglobal.net

Hours of Service: Grief Support Group meets on the 2nd Monday of each month at the Montgomery County Health Department at 7 p.m. unless announced differently.

Services Provided: Grief Support Group

Fee for Services: No Cost

Eligibility/Population Served: Everyone is invited

The Shelter

P.O. Box 1367
Columbia, Mo 65205-1367

Phone: 573-875-1369

Fax: 573-817-1280

Hotline: 800 548-2480 or 573 875-1370

Email: lvoltmer@socket.net

Web: www.theshelter.missouri.org

Hours of Service: 24/7

Service Area: Central Missouri

Services Provided: Shelter, Motel Placement, Domestic Violence Crisis Intervention, Sexual Assault Crisis Intervention, Hotline, Case Management, Court Advocacy, Support Groups for Women and Children, Licensed Professional Therapy for Women, Non-Residential Services, Structured Program for Children, Hospital/Medical Based Advocacy

Fee for Services: No Cost

Eligibility/Population Served: Women/children victims of domestic violence or sexual assault.

Shiloh Christian Children's Ranch

P.O. Box 606

Shelbina, MO 63468

Email: Shiloh@nemonet.com

Phone: 573 588-2191

Fax: 573 588 7730

Web: www.shilohranch.org

Services: Residential care to children and youth that have been abused or neglected, or just have a need for a home.

SSM Behavioral Health

12303 Depaul Dr.

Bridgeton, MO 63044

Email: kate_pilkington@ssmhc.com

Phone: 314-344-6700 (Intake-800-426-2083)

Fax: 314-344-6194

Web: www.ssmhc.org

Hours of Service: 24/7 for inpatient services

Service Area: Missouri

Mission: Through our exceptional health care services, we reveal the healing presence of God.

Services Provided: Adult Inpatient and Outpatient, Geriatric Inpatient and Outpatient, Child and Adolescent Inpatient, MR/DD Inpatient, Outpatient Chemical Dependency

Fee for Services: Varies

Payer Sources: Medicaid, Medicare and most Insurance

Eligibility/Population Served: Inpatient criteria for adults, child, adolescent, geriatric and MR/DD admissions: must be a danger to self or others. Outpatient criteria for adults and geriatric day program include a psychiatric diagnosis and Medicare benefits.

Transportation Services: Provided by calling 314-344-6700.

Starling Counseling and Consulting

102 Mound Street

Troy, MO 63379

Phone: 636 288-6095

Fax: 866 386-9607

Hours of Service: Monday – Thursday, 4:00 p.m. – 8:00 p.m.

Services Provided: Mental health counseling

Fee for Services: Co-pays, varies for service

Payer Sources: Medicaid, MC+, Most private insurances accepted

Eligibility/Population Served: All

Stubbins Memorial Regional Family & Youth Center

**811 S. Fifth Street
Moberly, MO 65270**

**Phone: 660 263-7044 or 866 999-3599
Fax: 660 263-8857**

Services Provided: Residential care for children in crisis. Services include: Crisis care, recreation and socialization programs, family counseling and aftercare, community based outreach programs.

Eligibility/Population Served: Children ages 12 – 18, with history of physical or sexual abuse and/or neglect. Children with mild to moderate conduct problems, need for light psychiatric maintenance, ADD or ADHD or chronic need for supported development and growth.

Turning Point

**Hotline: 888-873-SAFE (7233)
Fax: 636-456-8269**

Hours of Service: 24/7

Service Area: No Boundaries

Mission: To reduce the incidents of domestic violence and sexual assault and its devastating effects on the lives of women and children.

Services Provided: Shelter, Support Group, Case Management, Court Advocacy, Professional Counseling

Fee for Services: No Cost

Eligibility/Population Served: Victims of domestic violence and sexual assault and their children.

Transportation Services: Provided

University Behavioral Health

601 Business Loop 70W, Suite 202
Columbia, MO 65203

Phone: 800-395-2132

Fax: 573-884-1350

Crisis Line: 800 395-2132

Email: waltsb@health.missouri.edu

Hours of Service: Monday-Friday, 8 a.m. – 5 p.m. (crisis services 24/7)

Mission: Provide clients with the highest quality of behavioral health services in their communities.

Services Provided: Information and Referral, Community Education, Psychiatric Evaluation, Medication Management, Assessment, Individual Family and Group Counseling, Case Management Community Support and Crisis Intervention

Fee for Services: Varies

Payer Sources: Medicaid, MC+, Private Insurance, Sliding Scale and Self-Pay

Eligibility/Population Served: All

UMC Psychological Services Clinic

211 South 8th
Columbia, MO 65211

Phone: 573-882-4677

Fax: 573-882-4583

Hours of Service: Monday, 9 a.m. – 7 p.m.
Tuesday-Thursday, 9 a.m. – 9 p.m.
Friday, 9 a.m. – 5 p.m.

Services Provided: Individual Psychotherapy for Adults Children and Adolescents, Group Therapy, Marital and Couples Therapy, Family Therapy, Child and Adult Assessment

Fee for Services: Varies

Payer Sources: Private Insurance, Self-Pay, Fee Assistance

Eligibility/Population Served: Adults, Children, Adolescents, Elderly, Disabled Individuals, Parents, and Families

Vocational Rehabilitation

1500 A. Southridge Dr.

Jefferson City, MO 65109

Email: melissa.cox@vr.dese.mo.gov

Phone: 866-661-9106

Fax: 573-526-4474

Web: www.vr.dese.mo.gov

Hours of Service: Monday-Friday, 8 a.m. – 4:30 p.m.

Service Area: All counties in the State are served. See website or contact any office to find out who serves what area.

Mission: Making a positive difference through education and service.

Services Provided: Employment Training, Job Search, Assessment, Guidance and Counseling, Job Retention, Evaluation and Assistive Devices.

Fee for Services: Varies

Eligibility/Population Served: Individuals with a documented disability ages 16 and up.

Warren County Handicapped Services Inc.

703 First Street

Warrenton, MO 63383

Email: wchs@centurytel.net

Phone: 636-456-7518

Fax: 636-456-2303

Web: www.wchs.com

Hours of Service: Monday-Friday, 8 a.m. - 4 p.m.

Service Area: Warren County

Mission: To provide quality services in Warren County for individuals with developmental disabilities.

Services Provided: Adult Day Program, Residential Services, Recreational Services, Summer Camp, Respite Care

Fee for Services: No-cost/Co-Pays

Payer Sources: SB 40, DMH, Providers, Individuals

Eligibility/Population Served: Developmental Disabilities

Warren County Health Department

104 Booneslick, Suite H
Warrenton, MO 63383

Email: rwalters@co.warren.mo.us

Phone: 636-456-7474

Fax: 636-456-4966

Web: www.warren.lphamo.org

Hours of Service: Monday-Friday, 8 a.m. – 4:30 p.m.

Service Area: Warren County

Mission: To protect and promote health and safety through assessment, policy development and assurance.

Services Provided: Immunizations, Screenings and Surveillance

Fee for Services: Varies

Payer Sources: MC+ for children only

Eligibility/Population Served: Warren County Residents

Youth In Need-Emergency Shelter

529 Jefferson
St. Charles, MO 63301

Phone: 636-946-0101

Hours of Service: 24/7

Services Provided: Emergency shelter for youth

Eligibility/Population Served: Children – Adolescents, does not accept infants, toddlers, or preschool children.

HOTLINES AND HELPLINES

Access Crisis Intervention Hotlines (Missouri)

Arthur Center	800 833-2065
<i>Audrain, Callaway, Montgomery, Pike Counties</i>	
Behavioral Health Response	800 811-4760
<i>Lincoln, Warren Counties</i>	
Pathways	800 833-3915
<i>Gasconade, Osage Counties</i>	
Adult Abuse Line	800 392-0210
Adult Children of Alcoholics (ACOA)	573 876-8000
Al Anon	573 443-3059
Alateen	573 443-3059
<i>Support for teenagers dealing with alcohol problems among family or themselves</i>	
Alcohol & Drug Abuse Hotline	800 234-0420
Alcohol & Drug Treatment Referral	800 454-8966
Alcoholics Anonymous	573 442-4424
Anxiety Disorders Support Group	573 657-9569
BRAVO (Oppression)	573 474-4713
<i>Support for men with history of abusing women or other loved ones</i>	
Coalition Against Domestic Violence	866 642-4422
CRISIS Line	800 833-2064
Depression/Manic Depression Support	573 874-1646
Gambling Hotline	888 Bets off
Mental Health Crisis Line	573 449-2511
Mid Mo Crisis Line	800 395-2132
National Cocaine Helpline	800 262-2463
National Domestic Abuse Hotline	800 799-safe
National Runaway Switchboard	800 621-4000
Parents Experiencing Perinatal Loss	573 882-2221
Pastoral Counseling Services	573 443-4422
Robertson's Center	877 462-1758
Suicide Hopeline	800 Suicide
Suicide Prevention	800 273-Talk
Youth America	877-Youthline
Youth Crisis Hotline	800 hit-home
Women's Center	877 946-6854

WEB SITES AND RESOURCES

<u>Missouri Department of Mental Health</u>	www.dmh.mo.gov
<u>Missouri Mental Health Network of Care</u>	www.missouri.networkofcare.org
<u>Suicide Resource Centers</u>	
Kids Under 21 (KUTO) <i>Lincoln, Warren Counties</i>	www.kuto.org
Mark Twain Area Counseling Center <i>Audrain, Callaway, Montgomery, Pike Counties</i>	www.mtacc.org
Pathways Community Behavioral Healthcare <i>Osage County</i>	www.pathwaysonline.org
<u>Community Connection</u>	www.communityconnection.org
<u>Maternal Child Health Library</u>	www.mchlibrary.info
<u>Bright Futures: Mental Health</u>	www.brightfutures.org
<u>Screening for Mental Health, Inc</u> 1 Washington Street Wellesley Hills, MA 02481	www.MentalHealthScreening.org
<u>Depression and Bipolar Support Alliance</u> 730 N. Franklin Street, Suite 501 Chicago, IL 60610-7224 800 826-3632	www.DBAlliance.org
<u>Suicide Prevention Action Network USA</u>	www.spanusa.org
<u>Suicide Prevention in Schools</u>	http://csmha.umaryland.edu/resources.html/suicide%20prevention%20brief.pdf
<u>Suicide Information</u>	www.metanoia.org/suicide
<u>Hopeline</u> <i>Network of hotlines</i>	www.hopeline.com
<u>National Institute of Mental Health</u>	www.nimh.nih.gov
<u>National Mental Health Information Center</u>	www.mentalhealth.samhsa.gov/cmhs/
<u>Substance Abuse and Mental Health Services</u>	www.samhsa.gov
<u>National Mental Health Association</u>	www.nmha.org

NAMI (National Alliance on Mental Illness) www.nami.org

Medline Plus www.nlm.nih.gov/medlineplus/mentalhealthandbehavior.html

MENTAL HEALTH RESOURCE LOCATIONS

Audrain County

ACCIS, Inc
Arthur Center
Audrain City County Health Unit
Audrain County Drug Court
Clervi, Lisa Schriewer
Evergreen Behavioral Services
Finck & Associates, Inc
First Christian Church
Mexico Area Recovery Center (MARC)
Missouri Veteran's Home
New Vision
Northeast Community Service Agency
Options Unlimited

Callaway County

Associated Behavioral Consultants
Callaway County Health Department
Callaway County Special Services
Chalfant, Cynthia
Comprehensive Health System
Counseling Services
DeBrodie, Mary Beth
Fulton State Hospital
Missouri Girls Town

Columbia

Columbia Medical Clinic
Escape Alcohol and Drug
Family Counseling Center
The L.E.A.D. Institute
Mid Missouri Mental Health Center
NAMI of Columbia
Pathways Community Behavioral
Phoenix Program Inc
Rainbow House
Reality House
The Shelter
University Behavioral Health
UMC Psychological Services Clinic

Gasconade County

Gasconade County Counseling Services
Gasconade-Osage County Health Dept
Gasconade County Special Service
Pathways Community Behavioral

Lincoln County

Bridgeway Counseling Services
Community Opportunities
Lincoln County Health Department
McCoy Blossom Grief Support
Midwest Behavioral Health
Starling Counseling & Consulting
Youth In Need-Emergency Shelter

Montgomery County

Al Anon
Alcoholic Anonymous
Associated Medical Arts
Developmental Disabilities Assistance
Board
Jonesburg Nursing and Rehab
Mid Missouri Behavioral Center
Montgomery County Health Department
Montgomery County RII Schools
Schlanker Funeral Home

Pike County

The Counseling Clinic
Family Circle Therapeutic Services
Pike County Agency for Developmental
Disabilities
Pike County Health Department

St. Charles/St. Louis Area

Behavioral Health Response
Bridgeway Counseling Services
Catholic Family Services
CHADS
The Child Center
Crider Center for Mental Health
KUTO
NAMI of St. Louis
SSM Behavioral Health

Warren County

Turning Point

Warren County Handicapped Services, Inc

Warren County Health Department

Other Areas

Central Missouri Counseling, Inc

Family Wellness Program

Hannibal Regional Center

Mark Twain Area Counseling

Vocational Rehabilitation

Shiloh Christian Children's Ranch

Stubbins Memorial Family Center

**CENTRAL REGION
MENTAL HEALTH INITIATIVE**

Montgomery County Community Health Improvement Project (MCCHIP) and Montgomery County Health Department completed a comprehensive community health assessment of Montgomery County in 2005.

Broad-based community involvement was most important in completing the assessment. The results of this community process were used to establish the final set of health priorities for Montgomery County. The number one issue that was identified was *Access to Mental Health Services*. This not only included limited local mental health providers, but the lack of information and awareness of resources.

High suicide rates in Montgomery County could be partially attributed to limited access to mental health services. Between the years of 1998 and 2003, there were a total of 21 suicides among Montgomery County residents for a rate of 29.5 (per 100,000 population). Comparing this to the Missouri rate of 12.4, the county rate more than doubled the state rate. Thirty-three percent of these suicides were under age 24. For the same period of time, Montgomery County rates for inpatient hospitalizations for mental disorders in children under age 15 were very high, at a rate of 93.1 compared to the state rate of 50.

An action plan was developed by MCCHIP to address these *mental health* issues. The first objective was to increase community awareness of and access to mental health services. The project has since expanded to all the counties surrounding Montgomery County because they are experiencing the same issues in Mental Health.

A task force was formed in April, 2006, to implement the plan. The Central Region Mental Health Task Force consists of mental health providers, service agencies, and local schools. The first project of the task force was this resource guide. The guide will be provided to healthcare providers, agencies, emergency responders and other community members in the eight county area.

Many hours of research has gone into developing this resource guide. The task force hopes this guide will be a useful resource for our communities.

